

PM OF-sprint

17 februari, Markaryd



Samling Ljungby:	07.10 utanför Sunnerbohallen	
Avresa:	07.15 från Ljungby	
Samling Markaryd:	07.50 i badhuset	
Insim:	Lör fm: 08.00	Lör em: 14.00
Tävlingsstart:	Lör fm: 09.00	Lör em: 15.00
Avanmälan:	Om ni behöver avanmäla så gör ni detta snarast till amanda.ljungbyss@hotmail.com , dock senast 16/2 kl 18.00	
Tränare:	David, Kriszta	
Glöm ej:	Badkläder, vattenflaska, mellanmål, klubbkläder, inneskor, handduk	
Mat:	Är bokad för dem som har anmält!	
Körschema:	På nästa sida	

Lagkapper:

10. 4x50 fr herrar 12 åoy

Vincent
Victor
Noah
Aidan

18. 4x50 medley herrar 12 åoy:

Noah (ry)
Vincent (br)
Aidan (fj)
Victor (fr)

11. 4x50 fr damer:

Lag 1:

Julia
Elly
Boglarka
Evelin

Lag 2:

Meihri
Frida
Ellen
Emilia

19. 4x50 medley damer:

Lag 1:

Evelin (ry)
Boglarka (br)
Julia (fj)
Elly (fr)

Lag 2:

Hanna (ry)
Emilia (br)
Meihri (fj)
Elle (fr)

12. 4x50 fr herrar:

William
Isac
Albin
Levente

20. 4x50 m medley herrar:

Albin (ry)
Levente (br)
William (fj)
Isac (fr)

Körschema:

Levente (SS2) tar:	Victor B-K, William B-K
Albin (SS2) tar:	Noah F, Vincent S, David tränare
Elly (SS2) tar:	Meihri Z, Mahdia Z, Evelin S
Aidan (SS2) tar:	Julia

William, Vincent och Victor åker endast med på vägen till Markaryd, egen skjuts hem.

Ni som inte är med på körschemat kan köra direkt själva till Markaryd.

Om jag har missat någon så ber jag om ursäkt för detta och hör gärna av er så snabbt som möjligt till mig så att jag kan fixa det!

Anderberger Elle	2005	BI6605	5	50m Ryggsim Flickor [13-13]	00:48.73	[25 M]
Anderberger Elle	2005	BI6605	7	100m Medley Flickor [13-13]	00:00.00	[25 M]
Anderberger Elle	2005	BI6605	13	50m Bröstsım Flickor [13-13]	00:54.46	[25 M]
Anderberger Elle	2005	BI6605	15	50m Frisim Flickor [13-13]	00:39.48	[25 M]
Andersson Elly	2005	AA2605	3	50m Fjärilsim Flickor [13-13]	00:39.69	[25 M]
Andersson Elly	2005	AA2605	5	50m Ryggsim Flickor [13-13]	00:42.83	[25 M]
Andersson Elly	2005	AA2605	7	100m Medley Flickor [13-13]	01:31.40	[25 M]
Andersson Elly	2005	AA2605	15	50m Frisim Flickor [13-13]	00:34.40	[25 M]
Bogren-Karlsson Victor	2008	AA6908	2	25m Fjärilsim Pojkar [0-10]	00:20.94	[25 M]
Bogren-Karlsson Victor	2008	AA6908	8	100m Medley Pojkar [0-10]	01:56.04	[25 M]
Bogren-Karlsson Victor	2008	AA6908	14	50m Bröstsım Pojkar [0-10]	00:55.99	[25 M]
Bogren-Karlsson Victor	2008	AA6908	16	50m Frisim Pojkar [0-10]	00:38.74	[25 M]
Bogren-Karlsson William	2005	AA4905	4	50m Fjärilsim Pojkar [13-13]	00:34.49	[25 M]
Bogren-Karlsson William	2005	AA4905	6	50m Ryggsim Pojkar [13-13]	00:36.56	[25 M]
Bogren-Karlsson William	2005	AA4905	8	100m Medley Pojkar [13-13]	01:21.57	[25 M]
Bogren-Karlsson William	2005	AA4905	14	50m Bröstsım Pojkar [13-13]	00:41.79	[25 M]
Bogren-Karlsson William	2005	AA4905	16	50m Frisim Pojkar [13-13]	00:30.76	[25 M]
Carlsson Emilia	2007	AB8407	1	25m Fjärilsim Flickor [11-11]	00:20.74	[25 M]
Carlsson Emilia	2007	AB8407	7	100m Medley Flickor [11-11]	01:35.88	[25 M]
Carlsson Emilia	2007	AB8407	13	50m Bröstsım Flickor [11-11]	00:49.31	[25 M]
Carlsson Emilia	2007	AB8407	15	50m Frisim Flickor [11-11]	00:37.88	[25 M]
Erös Kevin	2006	AL9306	14	50m Bröstsım Pojkar [12-12]	00:55.71	[25 M]
Erös Kevin	2006	AL9306	16	50m Frisim Pojkar [12-12]	00:55.03	[25 M]
Franksson Noah	2006	AC9706	4	50m Fjärilsim Pojkar [12-12]	00:48.46	[25 M]
Franksson Noah	2006	AC9706	6	50m Ryggsim Pojkar [12-12]	00:44.78	[25 M]
Franksson Noah	2006	AC9706	8	100m Medley Pojkar [12-12]	01:37.59	[25 M]
Franksson Noah	2006	AC9706	14	50m Bröstsım Pojkar [12-12]	00:54.12	[25 M]
Franksson Noah	2006	AC9706	16	50m Frisim Pojkar [12-12]	00:37.66	[25 M]
Gamberg Julia	2005	AF1205	3	50m Fjärilsim Flickor [13-13]	00:38.47	[25 M]
Gamberg Julia	2005	AF1205	5	50m Ryggsim Flickor [13-13]	00:40.00	[25 M]
Gamberg Julia	2005	AF1205	7	100m Medley Flickor [13-13]	01:27.14	[25 M]
Gamberg Julia	2005	AF1205	13	50m Bröstsım Flickor [13-13]	00:49.08	[25 M]
Gamberg Julia	2005	AF1205	15	50m Frisim Flickor [13-13]	00:34.29	[25 M]
Ilyes Vilma	2008	AH6408	5	50m Ryggsim Flickor [0-10]	00:56.20	[25 M]
Ilyes Vilma	2008	AH6408	13	50m Bröstsım Flickor [0-10]	01:00.57	[25 M]
Ilyes Vilma	2008	AH6408	15	50m Frisim Flickor [0-10]	00:49.71	[25 M]
Karlsson Albin	2005	AG8305	4	50m Fjärilsim Pojkar [13-13]	00:54.44	[25 M]
Karlsson Albin	2005	AG8305	6	50m Ryggsim Pojkar [13-13]	00:38.70	[25 M]
Karlsson Albin	2005	AG8305	8	100m Medley Pojkar [13-13]	01:29.35	[25 M]
Karlsson Albin	2005	AG8305	14	50m Bröstsım Pojkar [13-13]	00:46.67	[25 M]
Karlsson Albin	2005	AG8305	16	50m Frisim Pojkar [13-13]	00:35.90	[25 M]
Karlsson Ellen	2005	AP3605	5	50m Ryggsim Flickor [13-13]	00:50.74	[25 M]
Karlsson Ellen	2005	AP3605	7	100m Medley Flickor [13-13]	01:42.29	[25 M]
Karlsson Ellen	2005	AP3605	13	50m Bröstsım Flickor [13-13]	00:51.58	[25 M]
Karlsson Ellen	2005	AP3605	15	50m Frisim Flickor [13-13]	00:39.24	[25 M]
Karlsson Frida	2005	AP1605	5	50m Ryggsim Flickor [13-13]	00:46.96	[25 M]
Karlsson Frida	2005	AP1605	7	100m Medley Flickor [13-13]	01:42.41	[25 M]
Karlsson Frida	2005	AP1605	13	50m Bröstsım Flickor [13-13]	00:50.41	[25 M]
Karlsson Frida	2005	AP1605	15	50m Frisim Flickor [13-13]	00:38.78	[25 M]
Karlsson Hanna	2005	AP2605	5	50m Ryggsim Flickor [13-13]	00:50.96	[25 M]
Karlsson Hanna	2005	AP2605	7	100m Medley Flickor [13-13]	01:52.44	[25 M]
Karlsson Hanna	2005	AP2605	13	50m Bröstsım Flickor [13-13]	00:54.80	[25 M]
Karlsson Hanna	2005	AP2605	15	50m Frisim Flickor [13-13]	00:41.60	[25 M]
Kovacs Boglarka	2006	AT4806	3	50m Fjärilsim Flickor [12-12]	00:45.96	[25 M]

Kovacs Boglarka	2006	AT4806	5	50m Ryggsim Flickor [12-12]	00:50.41	[25 M]
Kovacs Boglarka	2006	AT4806	7	100m Medley Flickor [12-12]	01:28.07	[25 M]
Kovacs Boglarka	2006	AT4806	13	50m Bröstsım Flickor [12-12]	00:44.24	[25 M]
Kovacs Boglarka	2006	AT4806	15	50m Frisım Flickor [12-12]	00:35.72	[25 M]
Lennartsson Isac	2004	AG5704	4	50m Fjärilsım Pojkar [14-99]	00:36.50	[25 M]
Lennartsson Isac	2004	AG5704	6	50m Ryggsım Pojkar [14-99]	00:44.52	[25 M]
Lennartsson Isac	2004	AG5704	8	100m Medley Pojkar [14-99]	01:29.01	[25 M]
Lennartsson Isac	2004	AG5704	14	50m Bröstsım Pojkar [14-99]	00:46.89	[25 M]
Lennartsson Isac	2004	AG5704	16	50m Frisım Pojkar [14-99]	00:33.99	[25 M]
Nagy Levente	2005	AD1105	4	50m Fjärilsım Pojkar [13-13]	00:34.50	[25 M]
Nagy Levente	2005	AD1105	6	50m Ryggsım Pojkar [13-13]	00:39.29	[25 M]
Nagy Levente	2005	AD1105	8	100m Medley Pojkar [13-13]	01:16.55	[25 M]
Nagy Levente	2005	AD1105	14	50m Bröstsım Pojkar [13-13]	00:37.45	[25 M]
Nagy Levente	2005	AD1105	16	50m Frisım Pojkar [13-13]	00:29.48	[25 M]
Sagadin Aidan	2006	AA5106	4	50m Fjärilsım Pojkar [12-12]	00:39.56	[25 M]
Sagadin Aidan	2006	AA5106	6	50m Ryggsım Pojkar [12-12]	00:38.33	[25 M]
Sagadin Aidan	2006	AA5106	8	100m Medley Pojkar [12-12]	01:25.30	[25 M]
Sagadin Aidan	2006	AA5106	14	50m Bröstsım Pojkar [12-12]	00:45.14	[25 M]
Sagadin Aidan	2006	AA5106	16	50m Frisım Pojkar [12-12]	00:32.45	[25 M]
Staberg Vincent	2006	AA4506	4	50m Fjärilsım Pojkar [12-12]	00:52.33	[25 M]
Staberg Vincent	2006	AA4506	6	50m Ryggsım Pojkar [12-12]	00:41.64	[25 M]
Staberg Vincent	2006	AA4506	8	100m Medley Pojkar [12-12]	01:33.55	[25 M]
Staberg Vincent	2006	AA4506	14	50m Bröstsım Pojkar [12-12]	00:45.49	[25 M]
Staberg Vincent	2006	AA4506	16	50m Frisım Pojkar [12-12]	00:33.85	[25 M]
Szilvester Evelin	2006	AF2806	3	50m Fjärilsım Flickor [12-12]	00:00.00	[25 M]
Szilvester Evelin	2006	AF2806	5	50m Ryggsım Flickor [12-12]	00:41.14	[25 M]
Szilvester Evelin	2006	AF2806	7	100m Medley Flickor [12-12]	01:28.05	[25 M]
Szilvester Evelin	2006	AF2806	13	50m Bröstsım Flickor [12-12]	00:46.68	[25 M]
Szilvester Evelin	2006	AF2806	15	50m Frisım Flickor [12-12]	00:35.80	[25 M]
Ziraki Mahdia	2008	AI0208	5	50m Ryggsım Flickor [0-10]	01:05.07	[25 M]
Ziraki Mahdia	2008	AI0208	13	50m Bröstsım Flickor [0-10]	01:00.13	[25 M]
Ziraki Mahdia	2008	AI0208	15	50m Frisım Flickor [0-10]	00:55.11	[25 M]
Ziraki Meihri	2005	BF7605	3	50m Fjärilsım Flickor [13-13]	00:40.28	[25 M]
Ziraki Meihri	2005	BF7605	5	50m Ryggsım Flickor [13-13]	00:43.63	[25 M]
Ziraki Meihri	2005	BF7605	7	100m Medley Flickor [13-13]	01:38.94	[25 M]
Ziraki Meihri	2005	BF7605	13	50m Bröstsım Flickor [13-13]	00:53.98	[25 M]
Ziraki Meihri	2005	BF7605	15	50m Frisım Flickor [13-13]	00:37.90	[25 M]

